

1

00:00:00,000 --> 00:00:05,000

An impressive barrier inspires a flight to freedom.

2

00:00:05,000 --> 00:00:09,000

They're petrified. They think they're gonna die.

3

00:00:09,000 --> 00:00:14,000

A haunting beach with a sinister tale of espionage.

4

00:00:14,000 --> 00:00:18,000

They were threatening American national security.

5

00:00:18,000 --> 00:00:22,000

And a four-legged friend that healed a legend.

6

00:00:22,000 --> 00:00:27,000

There was only one friend who could bring him back from the break of illness and despair.

7

00:00:28,000 --> 00:00:32,000

Sometimes the greatest secrets lie in plain sight.

8

00:00:33,000 --> 00:00:36,000

These are the mysteries of the monument.

9

00:00:44,000 --> 00:00:46,000

Berlin, Germany.

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00:00:46,000 --> 00:00:52,000

This once industrial city has become a mecca for entertainment and culture.

11

00:00:52,000 --> 00:00:57,000

It boasts more than 50 theaters and 175 museums.

12

00:00:57,000 --> 00:01:05,000

But beyond the walls of these esteemed institutions lies what may be the capital's most intriguing exhibition.

13

00:01:07,000 --> 00:01:12,000

It's between 10 and 12 feet high and it's about a half mile long.

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00:01:12,000 --> 00:01:18,000

And it has paintings by 118 artists from 21 different countries.

15

00:01:18,000 --> 00:01:21,000

And it's considered an international monument to freedom.

16

00:01:21,000 --> 00:01:25,000

A symbol of liberation born out of oppression.

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00:01:25,000 --> 00:01:27,000

This is the East Side Gallery.

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00:01:29,000 --> 00:01:32,000

It is the longest surviving stretch of the Berlin Wall.

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00:01:33,000 --> 00:01:36,000

And according to journalist Stephanie Jackenthal,

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00:01:36,000 --> 00:01:41,000

this barrier gave rise to one of history's most daring escapes.

21

00:01:41,000 --> 00:01:46,000

This is the story of two families who risk everything for a flight to freedom.

22

00:01:52,000 --> 00:01:54,000

1978.

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00:01:54,000 --> 00:01:58,000

The Cold War has left Germany a divided nation.

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00:01:58,000 --> 00:02:01,000

The West is a free democratic society.

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00:02:01,000 --> 00:02:07,000

But East Germany, which is under Soviet rule, is an oppressive communist state.

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00:02:08,000 --> 00:02:12,000

Most citizens living in the East are forbidden to cross into the West.

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00:02:12,000 --> 00:02:17,000

The East Germans were pretty much stuck behind the iron wall of communism.

28

00:02:18,000 --> 00:02:22,000

But 20 miles east of the border in the town of Posnick.

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00:02:23,000 --> 00:02:27,000

Two friends fantasize about escaping with their families.

30

00:02:28,000 --> 00:02:34,000

37-year-old electrician Peter Strelzik and 24-year-old handyman Gunter Wetzel.

31

00:02:35,000 --> 00:02:41,000

Peter and Gunter dreamed of a life of freedom, where they could read what they want, say what they want, think what they want.

32

00:02:41,000 --> 00:02:44,000

But it seems such talk is wishful thinking.

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00:02:45,000 --> 00:02:50,000

Separating the East and West is an 836-mile heavily guarded border.

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00:02:50,000 --> 00:02:55,000

A crossing so feared that parts have become known as the Death Strip.

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00:02:57,000 --> 00:03:01,000

In the Death Strip, there are vicious dogs, landmines, there are booby traps,

36

00:03:01,000 --> 00:03:06,000

and the police officers have been instructed to shoot anybody trying to escape on site.

37

00:03:07,000 --> 00:03:09,000

The border seemed insurmountable.

38

00:03:10,000 --> 00:03:15,000

Then one day, something catches Peter and Gunter's eyes that gives them hope.

39

00:03:15,000 --> 00:03:22,000

While flicking through the newspaper, they spot a photo of the International Hot Air Balloon Festival in Albuquerque, New Mexico,

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00:03:22,000 --> 00:03:25,000

and are suddenly struck by an idea.

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00:03:27,000 --> 00:03:34,000

So looking at the balloons, they think, well, if it was too dangerous to get across the border by land, maybe they could fly over the border.

42

00:03:35,000 --> 00:03:41,000

Yet to carry out this feat, they must somehow build a hot air balloon from scratch.

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00:03:41,000 --> 00:03:45,000

Seeing the balloon was the first time they even knew a hot air balloon existed.

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00:03:45,000 --> 00:03:54,000

Finding materials was going to be very difficult in East Germany, and if they got caught, they could be arrested or worse, killed.

45

00:03:55,000 --> 00:04:01,000

Despite the risks, the pair reads everything they can get their hands on about ballooning,

46

00:04:01,000 --> 00:04:05,000

and soon begins the secret project in their workshop.

47

00:04:07,000 --> 00:04:13,000

To propel the craft, they install four propane tanks in a makeshift basket

48

00:04:13,000 --> 00:04:18,000

and convert an old motorcycle engine into a homemade burner.

49

00:04:18,000 --> 00:04:26,000

For the canopy, they stitch together curtains, bedsheets, and any other scrap of cloth they can find.

50

00:04:27,000 --> 00:04:34,000

After months of work, Peter and Gunter complete their giant patchwork balloon.

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00:04:35,000 --> 00:04:45,000

By the time they're done, they've used 13,000 square feet of fabric, and the balloon itself weighs 400 pounds.

52

00:04:48,000 --> 00:04:51,000

September 16, 1979.

53

00:04:52,000 --> 00:04:59,000

After several test flights in the woods, it's finally time for Peter, Gunter, and their families to make their escape.

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00:05:00,000 --> 00:05:05,000

In a desolate field 20 miles east of the border, they prepare for takeoff.

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00:05:06,000 --> 00:05:13,000

They load into the basket, and then they start the burner, and the balloon, much to their delight, fills with air.

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00:05:14,000 --> 00:05:18,000

Their spirits soar as they make their ascent and head west.

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00:05:18,000 --> 00:05:22,000

It can see freedom within their reach.

58

00:05:22,000 --> 00:05:26,000

But the most dangerous part of their journey is just ahead.

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00:05:28,000 --> 00:05:31,000

Suddenly in the sky they see searchlights.

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00:05:32,000 --> 00:05:35,000

They are approaching the dreaded Death Strip.

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00:05:37,000 --> 00:05:42,000

And as the beams scan the night sky, disaster strikes.

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00:05:43,000 --> 00:05:48,000

The burner runs out of gas, and they start to plummet to the ground.

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00:05:49,000 --> 00:05:54,000

The balloon has just enough hot air left to cushion their crash landing.

64

00:06:00,000 --> 00:06:01,000

We made it.

65

00:06:02,000 --> 00:06:06,000

It was pitch black when they landed. They had no idea where they were.

66

00:06:06,000 --> 00:06:10,000

Then it seems the refugees' worst fears are realized.

67

00:06:10,000 --> 00:06:16,000

They see two men in uniform approaching them, and they're sure that it's the police on the east German side.

68

00:06:18,000 --> 00:06:20,000

They're petrified. They think they're gonna die.

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00:06:21,000 --> 00:06:26,000

But as the men draw near, it becomes clear the families are mistaken.

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00:06:26,000 --> 00:06:30,000

Peter and Gunter realize that the officers are wearing West German uniforms.

71

00:06:32,000 --> 00:06:34,000

They're safe. They've made it to freedom.

72

00:06:35,000 --> 00:06:40,000

And the fledgling balloonists have come prepared for the momentous event.

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00:06:40,000 --> 00:06:46,000

During their research, Peter and Gunter read that balloonists bring champagne to celebrate their landings.

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00:06:46,000 --> 00:06:50,000

So they popped the cork and toast it to their success.

75

00:06:54,000 --> 00:06:58,000

The two families soon settle into their newfound liberty in the west.

76

00:06:59,000 --> 00:07:06,000

Eventually, in November of 1989, the Berlin Wall is torn down, a powerful sign that the iron communist grip has crumbled.

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00:07:10,000 --> 00:07:18,000

Today, this monumental fragment survives as a reminder of Germany's days as a divided nation, and the brave souls who rose up in their quest for freedom.

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00:07:18,000 --> 00:07:22,000

Los Angeles, the motion picture capital of the world.

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00:07:22,000 --> 00:07:29,000

On any given day, the city of angels hosts nearly a hundred TV and feature film crews.

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00:07:30,000 --> 00:07:36,000

And at the center of this movie mad metropolis are a set of symbols that are a symbol of the world.

81

00:07:36,000 --> 00:07:38,000

The world is a symbol of the world.

82

00:07:38,000 --> 00:07:40,000

The world is a symbol of the world.

83

00:07:40,000 --> 00:07:42,000

The world is a symbol of the world.

84

00:07:43,000 --> 00:07:51,000

And at the center of this movie mad metropolis are a set of symbols that harkens back to Tinseltown's earliest days.

85

00:07:51,000 --> 00:08:00,000

They have star-shaped hand outlined in brass, and there's several thousand along the intersection of Hollywood and Vine in Los Angeles.

86

00:08:02,000 --> 00:08:11,000

This is the Hollywood Walk of Fame, a 15-block celebration of the most iconic figures in the history of entertainment.

87

00:08:13,000 --> 00:08:21,000

But according to author Kelly Brown, there is one name here that, although lesser known, may be the most important of them all.

88

00:08:21,000 --> 00:08:23,000

Carl Lemley.

89

00:08:24,000 --> 00:08:28,000

This star represents a man who created the star system as we know it today.

90

00:08:29,000 --> 00:08:35,000

What role did this man play in creating the Hollywood that we know and love?

91

00:08:36,000 --> 00:08:41,000

1909. Los Angeles.

92

00:08:42,000 --> 00:08:44,000

It's the golden age of silent movies.

93

00:08:45,000 --> 00:08:48,000

More and more people are flocking to cinemas across America.

94

00:08:49,000 --> 00:08:54,000

To keep audiences happy, studios are racing to produce new films.

95

00:08:55,000 --> 00:09:00,000

To keep up with the demand of the film going public, studios were putting out several reels a week.

96

00:09:01,000 --> 00:09:08,000

With the production of so many features, actors are seen as interchangeable and aren't listed in the credits.

97

00:09:09,000 --> 00:09:12,000

Audiences aren't even aware of their names.

98

00:09:14,000 --> 00:09:17,000

Nevertheless, one actress catches the public's eye.

99

00:09:18,000 --> 00:09:22,000

This one blonde stood out. She was a very, very talented actress.

100

00:09:22,000 --> 00:09:27,000

Each week she played a different role, and each week the public just fell in love with her more and more.

101

00:09:28,000 --> 00:09:36,000

Since the public doesn't know the enigmatic actress's real name, her fans create one of their own after the studio she works for.

102

00:09:37,000 --> 00:09:38,000

Biograph films.

103

00:09:39,000 --> 00:09:43,000

The people didn't have any other way of identifying her, so they began calling her the Biograph Girl.

104

00:09:44,000 --> 00:09:50,000

Yet the popular performer's spectacular rise will soon come to an abrupt halt.

105

00:09:51,000 --> 00:09:58,000

On the morning of February 19, 1910, the public wakes to reports that the Biograph Girl is dead.

106

00:10:00,000 --> 00:10:03,000

There were reports in the press that Florence was been killed in a streetcar accident.

107

00:10:05,000 --> 00:10:10,000

And in the wake of the tragedy, fans finally learn the identity of their fallen favorite.

108

00:10:11,000 --> 00:10:13,000

Her name is Florence Lawrence, and she's 26 years old.

109

00:10:14,000 --> 00:10:17,000

The actress's followers are devastated. For weeks they mourn her untimely death.

110

00:10:18,000 --> 00:10:21,000

But then, on March 12th, the tragic tale takes a bizarre turn.

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00:10:23,000 --> 00:10:30,000

A full-page advertisement appears in a popular newspaper, and it features a familiar face.

112

00:10:31,000 --> 00:10:37,000

This advertising said Florence Lawrence was alive and was going to appear in a new film with the Independent Moving Picture Company.

113

00:10:38,000 --> 00:10:44,000

It seems Florence Lawrence, aka the Biograph Girl, has somehow come back from the dead.

114

00:11:01,000 --> 00:11:02,000

It's February 1910.

115

00:11:03,000 --> 00:11:11,000

Fans of silent film are devastated when they learn that their favorite actress, Florence Lawrence, has died in a car crash.

116

00:11:12,000 --> 00:11:19,000

But weeks later, an advertisement appears announcing that she's not dead after all, and will even star in a new movie.

117

00:11:20,000 --> 00:11:23,000

So what really happened to this enigmatic actress?

118

00:11:24,000 --> 00:11:31,000

This advertisement created a sensation, both in public and the trade press.

119

00:11:32,000 --> 00:11:36,000

People wanted proof that Florence was still alive.

120

00:11:39,000 --> 00:11:48,000

But sure enough, on March 25th, at a screening for her new movie, *The Broken Oath*, Florence Lawrence makes a personal appearance.

121

00:11:48,000 --> 00:11:52,000

It's an unprecedented moment in the history of film.

122

00:11:53,000 --> 00:11:57,000

When Florence arrived in St. Louis, she is greeted by a mob of people.

123

00:11:58,000 --> 00:12:04,000

For a film actress to make their personal appearance was unheard of. It had never been done before.

124

00:12:08,000 --> 00:12:11,000

Lawrence achieves a level of fame the industry has never seen.

125

00:12:11,000 --> 00:12:16,000

Her name and face are plastered over billboards, wherever *The Broken Oath* plays.

126

00:12:17,000 --> 00:12:20,000

The world's first movie star is born.

127

00:12:21,000 --> 00:12:26,000

All a theater owner had to do was put the name Florence Lawrence and people would come to see her.

128

00:12:30,000 --> 00:12:36,000

So what's the truth behind the bizarre tales of Florence Lawrence's death and unexpected reappearance?

129

00:12:41,000 --> 00:12:46,000

The answer lies with the founder of the independent movie pictures company, Carl Lemley.

130

00:12:48,000 --> 00:12:52,000

It turns out this was all part of a fantastic publicity stunt.

131

00:12:53,000 --> 00:13:00,000

With the independent movie pictures company in its infancy, Lemley needed a way to boost ticket sales.

132

00:13:01,000 --> 00:13:06,000

So he secretly wooed Florence Lawrence away from her longtime studio, Biograph Films.

133

00:13:06,000 --> 00:13:11,000

You are going to be big, big star people.

134

00:13:12,000 --> 00:13:16,000

Yet rather than simply releasing a statement about the actress's move to his company,

135

00:13:17,000 --> 00:13:20,000

Lemley decided to make an even bigger splash.

136

00:13:22,000 --> 00:13:26,000

He planted the news of the Biograph Girls death in the papers,

137

00:13:27,000 --> 00:13:32,000

betting that when they identified her as Florence Lawrence, it would make her a household name.

138

00:13:32,000 --> 00:13:38,000

We used the story of her death to connect the public with her name and she became the first movie star.

139

00:13:41,000 --> 00:13:47,000

From that moment on, other studios began promoting their performers to boost ticket sales.

140

00:13:49,000 --> 00:13:56,000

This changed film history. Everything that we know about Hollywood today, red carpets and photographers and film premieres,

141

00:13:57,000 --> 00:13:59,000

we can date back to this publicity stunt.

142

00:13:59,000 --> 00:14:04,000

Carl Lemley achieves his own success by forming Universal Pictures.

143

00:14:06,000 --> 00:14:11,000

And in 1960, Lemley is immortalized on the Hollywood Walk of Fame,

144

00:14:12,000 --> 00:14:18,000

a fitting tribute to the visionary who behind the scenes became one of Tinseltown's brightest stars.

145

00:14:19,000 --> 00:14:22,000

The rugged beauty of Bar Harbor, Maine,

146

00:14:23,000 --> 00:14:28,000

found its fame as a summer haven for the rich and famous at the turn of the 20th century.

147

00:14:29,000 --> 00:14:35,000

Today, the town's fresh lobster and scenic views still draw in 2 million visitors each year.

148

00:14:38,000 --> 00:14:43,000

But just across the bay lies a jagged headland where few tourists dare to tread.

149

00:14:43,000 --> 00:14:48,000

It's a small pebbly beach, raw rocks, greasy, lot of wind,

150

00:14:49,000 --> 00:14:53,000

and it's a place you would go to do something that you didn't want others to see.

151

00:14:54,000 --> 00:14:59,000

This is Hancock Point and as history professor, Herb Adams reveals,

152

00:15:01,000 --> 00:15:07,000

this secluded strip of land was once the gateway to a sinister plan to cripple the United States.

153

00:15:07,000 --> 00:15:12,000

These people are bent on the destruction of the country.

154

00:15:12,000 --> 00:15:17,000

They were threatening the very fabric of American national security.

155

00:15:27,000 --> 00:15:30,000

November 29, 1944.

156

00:15:31,000 --> 00:15:34,000

World War II is in its sixth brutal year

157

00:15:34,000 --> 00:15:37,000

and the Allies are closing in on Germany.

158

00:15:38,000 --> 00:15:43,000

But just off the coast of Maine, a plot is unfolding that the Nazis believe

159

00:15:43,000 --> 00:15:46,000

will turn the tide back in their favor.

160

00:15:48,000 --> 00:15:57,000

Just a few days after Thanksgiving, a large 250-foot-long U-boat quietly approaches Hancock Point.

161

00:15:58,000 --> 00:16:01,000

Soon afterward, a dinghy splashes ashore.

162

00:16:01,000 --> 00:16:04,000

And its two passengers step onto the beach.

163

00:16:05,000 --> 00:16:11,000

These two well-dressed men carrying a heavy suitcase have been sent up to infiltrate the United States

164

00:16:11,000 --> 00:16:14,000

as war effort and its society.

165

00:16:16,000 --> 00:16:19,000

The dapper pair are Nazi spies.

166

00:16:20,000 --> 00:16:26,000

The ranking officer is a highly trained 24-year-old German agent named Eric Gimpel.

167

00:16:26,000 --> 00:16:32,000

His assistant is 26-year-old William Kolpa, a decidedly unlikely spy.

168

00:16:33,000 --> 00:16:37,000

Kolpa is an American from Connecticut.

169

00:16:37,000 --> 00:16:42,000

Kolpa actually served in the United States Naval Reserve at one point.

170

00:16:42,000 --> 00:16:45,000

Kolpa is a defector.

171

00:16:46,000 --> 00:16:52,000

The spies will connect with Nazi informants with the goal of destroying America's top secret weapon.

172

00:16:52,000 --> 00:16:54,000

The Atomic Bomb.

173

00:16:55,000 --> 00:17:02,000

The Manhattan Project. The Atomic Bomb is within seven months of becoming reality at that point in time.

174

00:17:03,000 --> 00:17:09,000

If Kolpa and Gimpel are successful, it would cripple the war effort in the United States.

175

00:17:09,000 --> 00:17:15,000

The spies have been given a suitcase with \$60,000 in cash to fund their mission.

176

00:17:16,000 --> 00:17:21,000

They travel to the hub of the United States Naval Reserve.

177

00:17:22,000 --> 00:17:26,000

The Atomic Bomb's research facilities. Manhattan, New York.

178

00:17:26,000 --> 00:17:31,000

There, the pair books a room in an unassuming hotel and gets to work.

179

00:17:33,000 --> 00:17:37,000

Gimpel is hardcore. He's mission-oriented.

180

00:17:38,000 --> 00:17:45,000

Kolpa is neither of those things, and there's a good deal of tension between the defector and the master spy.

181

00:17:45,000 --> 00:17:51,000

But, odd couple as they are, both of them are bent upon the destruction of the United States.

182

00:17:52,000 --> 00:18:00,000

Over the next few weeks, Gimpel and Kolpa begin seeking out information on the Manhattan Project's sites they hope to wipe out.

183

00:18:01,000 --> 00:18:07,000

They connect with known German contacts in New York City to gather what intelligence they can.

184

00:18:08,000 --> 00:18:17,000

There are assembling radio parts that would send this information back to German submarines off the coast of the United States.

185

00:18:18,000 --> 00:18:21,000

Everything is going pretty much according to plan.

186

00:18:24,000 --> 00:18:28,000

But on December 21st, their devilish plot starts to unravel.

187

00:18:29,000 --> 00:18:34,000

Gimpel comes home one day and finds Kolpa. Isn't there?

188

00:18:35,000 --> 00:18:39,000

The young American has vanished, along with all their money.

189

00:18:40,000 --> 00:18:44,000

The \$60,000 is missing.

190

00:18:45,000 --> 00:18:49,000

Gimpel begins to worry immediately about what this means.

191

00:18:50,000 --> 00:18:55,000

So where has Kolpa gone? And what has he done with the cash?

192

00:19:00,000 --> 00:19:02,000

It's December 1944.

193

00:19:03,000 --> 00:19:10,000

World War II is raging, and an unlikely pair of Nazi spies have infiltrated New York City.

194

00:19:10,000 --> 00:19:16,000

They are Eric Gimpel, a German spy master, and William Kolpa, a US-born trader.

195

00:19:17,000 --> 00:19:21,000

Their goal is to infiltrate America's top secret atomic bomb program.

196

00:19:22,000 --> 00:19:27,000

But just days into their mission, Kolpa disappears, leaving Gimpel in a panic.

197

00:19:30,000 --> 00:19:35,000

Over the next week, Gimpel lays low, hoping Kolpa will return.

198

00:19:36,000 --> 00:19:40,000

But on December 31st, his worst fears are realized.

199

00:19:41,000 --> 00:19:45,000

While out buying a newspaper, he is arrested by the FBI.

200

00:19:46,000 --> 00:19:49,000

It seems his partner has confessed to the police.

201

00:19:50,000 --> 00:19:55,000

Gimpel, he's been betrayed by Kolpa, betrayed by the American defector.

202

00:19:57,000 --> 00:20:03,000

It turns out when Kolpa was left alone with the suitcase packed with cash, he just couldn't help himself.

203

00:20:06,000 --> 00:20:10,000

He ditched his co-or and ran away with a 60 grand.

204

00:20:13,000 --> 00:20:21,000

He goes to shows. He enjoys good wine. He takes out fancy women. He's having a very fine time.

205

00:20:22,000 --> 00:20:25,000

But Kolpa knew the funds would eventually run out.

206

00:20:27,000 --> 00:20:34,000

So he turned himself into police, hoping to trade information on Gimpel for his own immunity.

207

00:20:35,000 --> 00:20:38,000

But the authorities were in no mood to negotiate.

208

00:20:39,000 --> 00:20:48,000

In February of 1945, Eric Gimpel and William Kolpa are imprisoned for their acts of espionage.

209

00:20:49,000 --> 00:20:55,000

They are the last two Nazi spies to be tried before a military tribunal in the United States.

210

00:20:56,000 --> 00:20:57,000

And all of world were too.

211

00:20:59,000 --> 00:21:04,000

But if they were never caught, they could have been an absolute catastrophe.

212

00:21:06,000 --> 00:21:16,000

Today, the beach at Maine's Hancock Point, known as the Nazi spy landing site, is a stark reminder of a dastardly plot foiled only by greed.

213

00:21:23,000 --> 00:21:29,000

The city of Worcester, Massachusetts boasts a reputation as a thriving academic hub.

214

00:21:30,000 --> 00:21:36,000

It is home to ten colleges and universities that have fostered some of the nation's brightest minds.

215

00:21:39,000 --> 00:21:45,000

And on the campus of Clark University is a tribute to one of the greatest thinkers of the 20th century.

216

00:21:47,000 --> 00:21:54,000

It is six feet tall. It's made out of bronze. It shows late middle age.

217

00:21:54,000 --> 00:22:05,000

Man, he's dressed formally. He looks thoughtful, concerned, and is someone who has restructured the way we think about human nature.

218

00:22:06,000 --> 00:22:12,000

This is Sigmund Freud. The Austrian neurologist is considered the father of psychotherapy.

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00:22:13,000 --> 00:22:21,000

But as Professor Robert Tobin can attest, some believe that in the last years of his life, Freud had gone to the dogs.

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00:22:22,000 --> 00:22:30,000

This is the story of a brilliant genius who fell into hard times, and there was only one friend who could bring him back from the break of illness and despair.

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00:22:31,000 --> 00:22:37,000

How did Freud's unique friendship give rise to a life-changing phenomenon that helped heal the world?

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00:22:40,000 --> 00:22:43,000

The early 1920s, Vienna, Austria.

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00:22:44,000 --> 00:22:52,000

Over the previous three decades, 67-year-old Dr. Sigmund Freud has established himself as the world's foremost psychoanalyst.

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00:22:54,000 --> 00:23:01,000

Sigmund Freud was one of the greatest thinkers of the modern world, along with Marx, Darwin, and Einstein.

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00:23:02,000 --> 00:23:10,000

He has made psychoanalysis a respected discipline that is taken seriously at universities and in medical institutions throughout the world.

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00:23:11,000 --> 00:23:18,000

Considered to be at the peak of his career, the public is clamoring to see what he'll achieve next.

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00:23:19,000 --> 00:23:28,000

He was very focused on his research and what he believed was actually going to change the way humanity might conduct itself in the future.

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00:23:29,000 --> 00:23:36,000

And he had probably six patients a day, as well as giving lectures. So it's a very full schedule.

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00:23:37,000 --> 00:23:42,000

But in February of 1923, his busy career is stopped in his tracks.

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00:23:45,000 --> 00:23:51,000

After years of smoking 20 cigars a day, Freud discovers he is suffering from jaw cancer.

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00:23:53,000 --> 00:24:00,000

I think he was concerned about his livelihood, about his career, and about his research.

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00:24:01,000 --> 00:24:07,000

To eradicate the tumor, the Austrians doctors are forced to remove a large portion of his jaw.

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00:24:08,000 --> 00:24:15,000

But while the surgeries successfully control the disease, Freud is left suffering debilitating pain.

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00:24:17,000 --> 00:24:26,000

Freud had to give up lecturing at the university. He also, at one point, says that he's gone four weeks without an idea.

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00:24:26,000 --> 00:24:31,000

And this is the first time that it's been so long that cancer really did wipe him out.

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00:24:33,000 --> 00:24:40,000

Sigmund Freud faces the grim possibility that his days as a psychoanalyst are about to come to an end.

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00:24:41,000 --> 00:24:45,000

Imagine being in the prime of your career and having all of that thrown into jeopardy.

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00:24:46,000 --> 00:24:52,000

But the answer to his problem is about to come in the form of an unlikely and oddly furry savior.

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00:24:57,000 --> 00:25:04,000

It's 1930 in Vienna. When the founding father of psychoanalysis, Sigmund Freud, is struck down by jaw cancer,

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00:25:05,000 --> 00:25:14,000

his pioneering research grinds to a halt. But little does he know an unlikely source of creature comfort maybe just around the corner.

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00:25:16,000 --> 00:25:20,000

Depressed and enfeebled, Freud searches for a way to lift his spirits.

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00:25:21,000 --> 00:25:29,000

Then, at his daughter's suggestion, he welcomes a new addition to his family. One of the four-legged variety.

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00:25:30,000 --> 00:25:40,000

Freud receives a chow-chow, this somewhat roundish dog with a lot of fur and a big smile on its face, named Yofi.

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00:25:41,000 --> 00:25:49,000

Freud instantly connects with Yofi. The dog's company helps to take his mind off his pain and get him through his busy schedule.

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00:25:50,000 --> 00:26:00,000

Yofi's presence really did cheer Freud up. I think Freud found that he had someone that was less

complicated than most of his patients,

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00:26:01,000 --> 00:26:03,000

and that was also understanding of his own difficulties.

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00:26:05,000 --> 00:26:11,000

Soon, the two are inseparable. Yofi even sits in on Freud's therapy sessions.

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00:26:13,000 --> 00:26:18,000

And it's here that the psychoanalyst notices a change in his patient's behavior.

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00:26:20,000 --> 00:26:27,000

Remarkably, when the dog is present, they seem more willing to divulge details of their painful experiences.

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00:26:28,000 --> 00:26:37,000

Yofi could absorb some of the trauma, could absorb some of the stress, could also make the whole therapy session feel a little bit more informal.

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00:26:38,000 --> 00:26:42,000

It's really amazing that Yofi made these therapeutic sessions more effective.

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00:26:43,000 --> 00:26:52,000

Freud marvels at this phenomenon and starts noting in his diaries the positive effect that dogs may have on the human psyche.

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00:26:53,000 --> 00:27:02,000

And so Freud seems to have been the first to hypothesize about the ability of the dog to empathize and to understand what was going on with the human being.

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00:27:04,000 --> 00:27:11,000

Sadly, the distinguished doctor passes away before he can fully study the psychological benefits of Canaan companions.

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00:27:13,000 --> 00:27:19,000

But in the 1960s, a group of psychologists rediscover Freud's observations.

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00:27:20,000 --> 00:27:27,000

They soon introduce his ideas to mainstream medicine, and the concept of therapy dogs is born.

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00:27:28,000 --> 00:27:35,000

Today, an estimated 200,000 of our four-legged friends are helping to heal patients in the United States.

258

00:27:36,000 --> 00:27:40,000

And I think we can say Yofi was the first therapy dog.

259

00:27:41,000 --> 00:27:54,000

And this statue on the campus of Clark University stands as a memorial to the brilliant thinker who discovered that during the darkest of times, a dog may truly be a man's best friend.

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00:27:58,000 --> 00:28:04,000

San Antonio, Texas. More tourists visit this city than any other in the Lone Star State.

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00:28:05,000 --> 00:28:10,000

Thanks to its mild weather, family-friendly museums, and cafe-lined river walk.

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00:28:13,000 --> 00:28:20,000

But there's one attraction in town that, despite its popularity, was never designed to draw in the crowds.

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00:28:21,000 --> 00:28:26,000

It's about three acres of land. It has these limestone walls about three feet thick.

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00:28:27,000 --> 00:28:34,000

And it's really a marvel of architecture and a place that has enormous historical significance.

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00:28:35,000 --> 00:28:36,000

This is the Alamo.

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00:28:39,000 --> 00:28:47,000

Built as a Franciscan mission, the structure is now remembered as a fort that survived a famous 1836 siege.

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00:28:48,000 --> 00:28:57,000

But as author Andrew Carroll knows, this beloved historic site would look very different were it not for an unlikely heroine.

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00:28:58,000 --> 00:29:01,000

You had what became known as the second battle for the Alamo.

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00:29:05,000 --> 00:29:07,000

San Antonio, 1905.

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00:29:08,000 --> 00:29:15,000

44-year-old schoolteacher Adina Dezevala has just been appointed as a custodian of the legendary Alamo.

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00:29:16,000 --> 00:29:19,000

For her, the compound holds a deep significance.

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00:29:20,000 --> 00:29:24,000

Adina was the daughter of the first vice president of the Republic of Texas.

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00:29:25,000 --> 00:29:28,000

So she had a real passion for saving Texas history.

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00:29:29,000 --> 00:29:34,000

As a caretaker of the hallowed site, Adina has her work cut out for her.

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00:29:34,000 --> 00:29:42,000

This beautiful building had fallen into total disrepair. There was graffiti, it had been vandalized, and people had been chipping away at the statues.

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00:29:44,000 --> 00:29:48,000

But for the schoolteacher, the site deserves to be lovingly preserved.

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00:29:49,000 --> 00:29:53,000

In particular, a critical part of the building known as the Long Barracks.

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00:29:54,000 --> 00:30:00,000

The Long Barracks were many of the defenders had died, but it was also one of the oldest parts of the whole compound.

279

00:30:00,000 --> 00:30:08,000

And so she envisioned that it would become a museum or a library that would teach people about the history of the battle and the Alamo itself.

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00:30:09,000 --> 00:30:14,000

But there's a problem. Adina's authority as caretaker is shared with another woman.

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00:30:15,000 --> 00:30:18,000

22-year-old ranching heiress Clara Driscoll.

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00:30:19,000 --> 00:30:23,000

And Clara's vision for the Alamo's preservation is very different.

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00:30:24,000 --> 00:30:31,000

To Clara, the Long Barracks were an eyesore and she wanted to see them knocked down and put up hotels and other tourist attractions.

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00:30:33,000 --> 00:30:42,000

Adina is outraged by Clara's disregard for the history of the Alamo and vows to protect the Long Barracks at all cost.

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00:30:43,000 --> 00:30:52,000

And over the next three years, the custodians squabble in court over how to best preserve the building, leaving the fate of the Alamo in limbo.

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00:30:54,000 --> 00:31:04,000

But then in 1908, Adina receives some disturbing news. Clara has disregarded the courts and gone behind her back.

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00:31:05,000 --> 00:31:11,000

Adina hears that Clara is going to rent out the Long Barracks to a group of vaudeville performers.

288

00:31:11,000 --> 00:31:24,000

Adina knows that possession is nine-tenths of the law. She fears that once Clara and her performers

occupy the Barracks, her rival will be just one step away from raising them to the ground.

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00:31:25,000 --> 00:31:30,000

Desperate to secure the fate of the priceless relic, Adina takes drastic action.

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00:31:31,000 --> 00:31:36,000

She hires armed guards to stand outside the Long Barracks to prevent the new tenants from coming in.

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00:31:36,000 --> 00:31:53,000

The San Antonio Sheriff quickly catches wind of her plan. Though no court has declared Clara the rightful custodian, he sides with the young heiress and orders Adina's guards off the Alamo grounds.

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00:31:56,000 --> 00:31:59,000

But Adina isn't giving up that easily.

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00:32:00,000 --> 00:32:02,000

And this is when the real standoff begins.

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00:32:07,000 --> 00:32:18,000

It's February 1908, San Antonio, Texas. Alamo caretaker, Adina Dezavala, reveres the compound as sacred ground.

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00:32:19,000 --> 00:32:29,000

So when she hears that her fellow caretaker and rival, Clara Driscoll, is scheming to destroy part of the site, she decides to make her own last stand.

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00:32:30,000 --> 00:32:38,000

As the sheriff ushers her hired guards off the Alamo grounds, Adina springs into action.

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00:32:41,000 --> 00:32:45,000

She slams the door, locks it, and barricades herself inside.

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00:32:49,000 --> 00:32:53,000

The middle-aged schoolteacher has decided to try and hold the fort on her own.

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00:32:54,000 --> 00:33:00,000

She declares that unless the building's preservation is assured, she will not leave.

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00:33:01,000 --> 00:33:04,000

Adina was ready for a long siege if that's what it would come to.

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00:33:05,000 --> 00:33:14,000

The sheriff could send in his men to drag her out, but with a curious crowd gathering, he opts for a different tactic to ferret out his agitator.

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00:33:15,000 --> 00:33:22,000

He cuts off the electricity and he refuses anyone from going in or out of the building to bring her food or water, any kind of supplies.

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00:33:23,000 --> 00:33:28,000

Adina spends a frigid night inside the dark, rat-infested barracks.

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00:33:32,000 --> 00:33:36,000

By morning, it's clear the sheriff believes the holdout is about to end.

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00:33:37,000 --> 00:33:39,000

But Adina stands firm.

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00:33:40,000 --> 00:33:43,000

And soon, she won't be alone in her battle.

